

**BRUCE R. MADDERN, M.D., P.A.**

*Pediatric Otolaryngology  
Head & Neck Surgery*

Name: \_\_\_\_\_

Date: \_\_\_\_\_

DOB: \_\_\_\_\_

**ADENOTONSILLECTOMY (ADENOIDECTOMY AND/OR TONSILLECTOMY)**

We have discussed the role of tonsils and/or adenoids in recurring upper respiratory infection (pharyngotonsillitis), nasal obstruction and snoring. Obstructive sleep apnea syndrome (breathing pauses with sleep) may be a consequence of enlarged adenoids and/or tonsils. These difficulties may be relieved by removal of the tonsils and/or adenoids. There may be other causes for nasal obstruction and snoring that require other evaluation and treatment.

We have discussed the potential benefit of the surgery as well as the treatment alternatives of medical therapy. We have discussed the risks of the surgery including but not limited to the anesthetic, bleeding, sore throat, difficulty swallowing, dental and mucosal trauma, voice change, recurrent illness, and the possible need for additional treatment or surgery.

Certain techniques of the procedure (such as partial intracapsular microdebridement) may increase the risk of blood loss and the possibility of recurrent or persistent tonsillar tissue.

We have discussed peri-operative diet and activity restrictions, fever, halitosis, pain and the importance of maintaining adequate oral intake and pain control. Questions have all been answered.

\_\_\_\_\_  
Parent/ Guardian

A Division of Florida Pediatric Associates, LLC

*Specializing in the Care of Children with Ear, Nose & Throat Disorders*

10475 Centurion Parkway N., Suite 302 • Jacksonville, FL 32256  
(904) 398-KIDS (5437) • (904) 398-3077 (FAX) • [www.entforkids.com](http://www.entforkids.com)