|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Child’s**  **Weight** | **Daily minimal fluid intake** | **Tylenol** | **Motrin/**  **Advil** | **Prelone/**  **Orapred** | **Hycet/**  **Lortab**  **\*Not to be used under 5 years of age\*** |
|  |  | Acetaminophen | Ibuprofen | Prednisolone | Hydrocodone/  Acetaminophen |
|  | **Examples**  Water  Fruit juice  Sport drinks  Juice pops  Jello | 160mg/5ml  \_ml by mouth every 4-6 hours as needed for pain  Max: 5 doses in 24 hours | 100mg/5ml  \_ml by mouth every 6-8 hours as needed for pain  Max: 4 doses in 24 hours | 15mg/5ml  \_ml by mouth every 12 hours on days 1, 3 and 5 after surgery | 7.5/325/5ml  \_ml by mouth As needed for severe pain  Max: 3 doses in 24 hours  \*Not to be used under 5 years of age\* unless directed by Physician |
| <20 lbs. | 32 ounces  (4 cups) | \* | \* | **\*** | None |
| 20-35 lbs. | 40 ounces  (5 cups) | 4.5ml (150mg) | 5ml (100mg) | 1.5ml/disp 9ml | None |
| 35-45 lbs. | 48 ounces  (6 cups) | 7ml (225mg) | 7.5ml (150mg) | 2.5ml/disp 15ml | 2ml/disp 24ml |
| 45-55 lbs. | 54 ounces | 9ml (300mg) | 10ml (200mg) | 3.5ml/disp 21ml | 2.5ml/disp 30ml |
| 55-65 lbs. | (7 cups) | 11.5ml (375mg) | 12.5ml (250mg) | 4.0ml/disp 24ml | 3ml/disp 36ml |
| 65-75 lbs. |  | 14ml (450mg) | 15ml (300mg) | 5.0ml/disp 30ml | 3ml/disp 36ml |
| 75-85 lbs. | 64 ounces | 16ml (525mg) | 17.5ml (350mg) | 6.0ml/disp 36ml | 4ml/disp 48ml |
| 85-100 lbs. | (8 cups) | 18.5ml (600mg) | 20ml (400mg) | 6.5ml/disp 40ml | 5ml/disp 60ml |
| 100-120 lbs. |  | 21ml (675mg) | 22.5ml (450mg) | 7.5ml/disp 45ml | 6ml/disp 72ml |
| Adult  >120 lbs. | >64 ounces  (8-10 cups) | 23ml (750mg) | 25ml (500mg) | 10ml/disp 60ml | 7.5ml/disp 90ml |

**Tonsillectomy Post-Operative Pain Medication Dosing Guide**

* These are general guidelines for most children and do not give any medication without the specific direction of your doctor
* The choice of medication will depend on the severity of your child’s discomfort. It will be important to grade his/her pain as mild, moderate, or severe.
* **IMPORTANT:** Do not give Acetaminophen and Hycet simultaneously. Hycet contains added acetaminophen and combining the two may lead to toxic medication levels.
* **IMPORTANT:** There is no substitute for Hydrocodone (Lortab or Hycet) and should only be used if Tylenol/Advil fail. Codeine containing medications should **NOT** be given to children following Tonsillectomy or Adenoidectomy.
* Tylenol (Acetaminophen) is available as a suppository (OTC) and may be recommended if your child is having difficulty swallowing.
* Liquid/syrup medications may be mixed with a clear “tasty” liquid to make it easier to swallow.
* Benadryl with Advil/Motrin is a good choice for additional pain relief if Tylenol/Advil alone are not sufficient.
  + Benadryl OTC (Diphenhydramine) – 12.5mg/5ml
  + May be given up to every 6 hrs
  + 2-6 yrs old: 2.5ml
  + 6-12 yrs old: 5ml
  + >12 yrs old: 10ml
* Hydrocodone is not recommended for children under 5 years unless specifically recommended by your child’s surgeon.