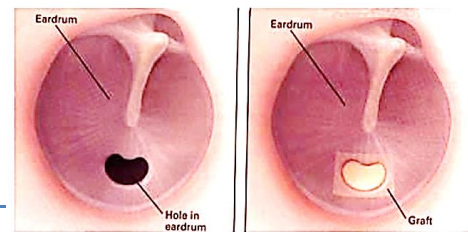


# Ear tube removal and Patch myringoplasty

## *Post-operative instructions*



**Dr Andrew Simonsen, DO**

**Dr Angela Black, MD**

**Dr Steven Andreoli, MD**

A myringoplasty is a surgical repair of the eardrum. This can be performed at the same time as a retained ear tube is removed from the ear drum or to repair a perforation. It can be thought of as a patch for the ear drum. A myringoplasty is a patch that helps lead to favorable healing of the ear drum. Various patch materials can be used selected by the surgeon, such as gelfoam, gelfilm, paper, or fat.

### **General Instructions**

The patient should remain quiet for the day of surgery. Activities that might result in a sudden jarring of the head should be avoided since this may result in displacement of the patch placed over the eardrum. Specifically, athletic activities such as swimming, amusement parks, etc. should be avoided.

The patient should avoid all nose blowing, sniffing and playing of any musical wind instruments for one month after surgery. This is because the air could back up into the ears and result in displacement of the eardrum patch. If the nose is congested or running Afrin nasal decongestant can be used for a few days to prevent nose blowing or sniffing.

The ear should be kept dry until your physician states that the eardrum has healed and there is no further problem with water exposure. This may be accomplished by using earplugs, ear Band-it or using cotton ball in the ear with Vaseline on the outside of the cotton.

Occasionally there may be some blood-tinged drainage from the ear after surgery. This is the result of the procedure as well as the packing used to hold the patch. The drainage may continue for several days and there is no reason for alarm. Cotton may be placed in the ear to collect the drainage until it ceases.

Even though it is not expected, ear infections can develop after surgery. If this occurs, yellowish or greenish drainage will be seen. If you observe this happening, call the office so that we can prescribe the appropriate eardrops

### **Who to call?**

Please direct all questions and concerns related to your child's surgery to our office (904) 398-5437

### **Pain Control**

A mild amount of discomfort is to be expected after surgery. Children should be given Acetaminophen (Tylenol®) or Ibuprofen (Advil® or Motrin®) as needed for pain.

A Division of Florida Pediatric Associates, LLP  
10475 Centurion Parkway N., Suite 302, Jacksonville, Florida 32256  
904-398-KIDS (5437) FAX 904-398-3077

[WWW.ENTFORKIDS.COM](http://WWW.ENTFORKIDS.COM)

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